

SACRED HEART PUBLIC SCHOOL, KOTTAYAM
TEACHER'S TRAINING DETAILS 2025-2026
From April 2025 to December 2025

Sl. No	Name of the staff	Designation	Offline Trainings Attended (No of Hrs)			Online Trainings Attended (No of Hrs)			Total Hrs
			CBSE	Sahodaya	Others	CBSE	Sahodaya	Others	
1	P Bindu	Principal	18	24	12		2	1	57
2	Fr. Reji George	TGT	6		12				18
3	Fr.Nobil Joseph Simon	PRT	6		12				18
4	Abin P O	PET		3	6				9
5	Alphons Thomas	TGT	6	12	12			1	31
6	Ambili Ravindran	PGT	6	18	12	10		30.5	76.5
7	Anija V T	Health Wellness & Special Educator	6		12				18
8	Anila P	NTT	6	12	18			1.5	37.5
9	Anjali S Vinod	NTT	6	12	18			3	39
10	Annie Simon	PRT	6	12	12			1	31
11	Archana S V	PRT	6	24	12			15	57
12	Asha Pavithran	PGT	6	6	12			13	37
13	Beena Alex	TGT	6	28	12			8	54
14	Bhagyalakshmi R	PRT	6	12	12			17	47
15	Bindhu Thomas	NTT	6	12	18			5.5	41.5
16	Bindu M X	NTT	6	12	18			3	39
17	Binumon K J	TGT	6		12				18
18	Ceenamol Antony	TGT	6		12	5		16	39
19	Dalvin K Vinod	TGT	6	12	12			22	52
20	Devakumar T G	PGT	6	6	24			11	47
21	Devi C Nair	TGT	6		12			28	46
22	Devika	NTT	6		12				18
23	Dhanya Sreenivasan	PRT	12		12			5	29
24	Geeva Jacob	TGT	24	12	12	10	12	5	75
25	Haritha R Krishnan	PGT	6	6	12				24
26	Iby C Valliara	NTT	6	12	18			3	39
27	Jalajakumari M S	TGT	6	24	12	5		13	60
28	Jayarani K G	TGT	6		12			29	47
29	Jayasree Varma S	PRT	6		12			5	23
30	Jijimol T	TGT	6		12			11	29
31	Jijimol T Joseph	PRT	6		12				18
32	Jijo Joseph	PGT	12	14	12				38
33	Jofina Jose	PGT	12		12			14	38
34	Jojo Jacob	PGT	6	12	12			37.2	67.2

35	Joshmi Joseph	TGT	12	3	12	10		41	78
36	Josnamol Cherian	PRT	6	6	12			1	25
37	Juby Abraham	TGT	6	12	12	10		29.2	69.2
38	Juby Cyriac	TGT	6		12			26	44
39	Lakshmi S Kumar	PRT	6	12	12			11	41
40	Letha John	PGT	6	28	12			8	54
41	Lincy Susan Joseph	TGT	6	28	12			11	57
42	Manjusha Suresh	NTT	6		17			1.5	24.5
43	Mariamamma P V	PRT	6	12	12			4.5	34.5
44	Maya P P	PRT	12	8	12			6	38
45	Mekhamol A	PET	6		12				18
46	Minimol P	PGT	6		12				18
47	Nandini Ambidi	TGT	6	12	12				30
48	Neethu K S	TGT	6		12			26	44
49	Nisha Joseph	PGT	6	12	12			12	42
50	Philip Abraham	TGT	6		12			6	24
51	Preetha P	PRT	6		12			5	23
52	Priya P Nair	PRT	6		12			5	23
53	Rajimol P Varghese	PGT	12		12	10		32	66
54	Rani Bose	PGT	6	12	12	12		25.2	67.2
55	Reena Abraham	NTT	6	12	18			4	40
56	Reshma P Reghu	TGT	6		12				18
57	Reshmi Devakumar	TGT	6		12	5	5	5	33
58	Resmi P S	PGT	6	6	12	5		22	51
59	Rooba Shibby	PGT	6	12	12	5	17	5	57
60	Sajini Thomas	PGT	6	12	12	5		35	70
61	Sandhyamol Varghese	TGT	6		12			29	47
62	Seethal S Pillai	PGT	6		12			14	32
63	Sindhu T R	TGT	18		12			19	49
64	Soumya V	PGT	6		12			42	60
65	Sreekumar V N	PGT	6		12			16	34
66	Suja J	TGT	6		12			22	40
67	Sunitha Haridas	PRT	6		12				18
68	Ushakumari C	TGT	6		12			21	39



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